





Find the Grand Score using RULA for the following four work postures in a beef de-skinning operation. Cycle time is 1 minute, knife weight less than 3 lbs, estimate the cutting force, the task is done over the entire shift.

	<p><u>GROUP A</u></p> <p>Upper arm 2 Lower arm 1 Wrist 1 <u>Wrist twist 1</u> Score A 2 Muscle 0 <u>Force 2</u> Total (C) 4</p>	<p><u>GROUP B</u></p> <p>Neck 1 Trunk 3 Leg 1</p> <hr/> <p>Score B 3 Muscle 0 <u>Force 0</u> Total (D) 3 GRAND SCORE 3</p>
	<p><u>GROUP A</u></p> <p>Upper arm Lower arm Wrist <u>Wrist twist</u> Score A Muscle <u>Force</u> Total (C)</p>	<p><u>GROUP B</u></p> <p>Neck Trunk Leg</p> <hr/> <p>Score B Muscle <u>Force</u> Total (D) GRAND SCORE</p>
	<p><u>GROUP A</u></p> <p>Upper arm Lower arm Wrist <u>Wrist twist</u> Score A Muscle <u>Force</u> Total (C)</p>	<p><u>GROUP B</u></p> <p>Neck Trunk Leg</p> <hr/> <p>Score B Muscle <u>Force</u> Total (D) GRAND SCORE</p>
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