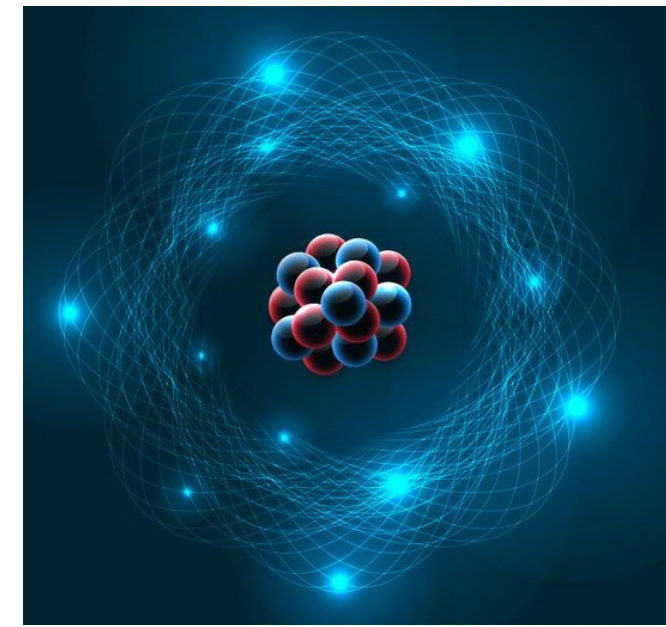


# Physics 111: Mechanics

## Chapter\_06

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# Work and Kinetic Energy

- To understand and calculate the *work done by a force*
- To understand the meaning of *kinetic energy*
- To learn how *work changes the kinetic energy* of a body and how to use this principle
- To relate work and kinetic energy when the forces are not constant or the body follows a curved path
- To solve problems involving *power*

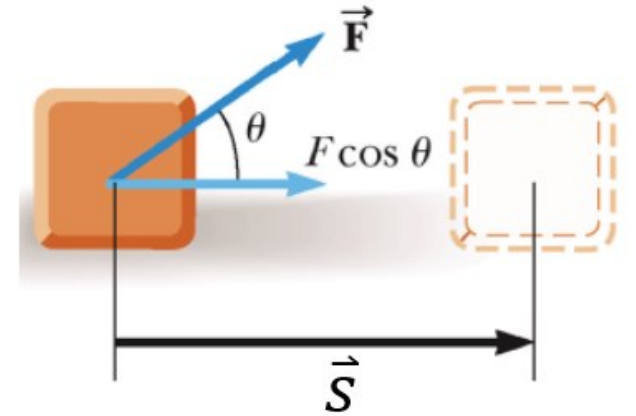
# Definition of work $W$

- The work,  $W$ , done by a constant force on an object is defined as the scalar (dot) product of the component of the force along the direction of displacement and the magnitude of the displacement:  $W \equiv \vec{F} \cdot \vec{s} = (F \cos \theta) s$



- ✓  $F$  is the magnitude of the force
- ✓  $s$  is the object's magnitude of displacement
- ✓  $\theta$  is the angle between  $F$  and  $s$ .

- SI unit:  $\text{N} \times \text{m} = \text{J}$ ,  $\text{J} = (\text{kg} \times \text{m}/\text{s}^2) \times \text{m}$



# Review scalar product

$$\vec{A} = A_x \hat{i} + A_y \hat{j} + A_z \hat{k}$$

$$\vec{B} = B_x \hat{i} + B_y \hat{j} + B_z \hat{k}$$

$$\vec{A} \cdot \vec{B} = A_x \hat{i} \cdot B_x \hat{i} + A_y \hat{j} \cdot B_y \hat{j} + A_z \hat{k} \cdot B_z \hat{k}$$

$$= A_x B_x + A_y B_y + A_z B_z$$

$$\hat{i} \cdot \hat{j} = 0; \hat{i} \cdot \hat{k} = 0; \hat{j} \cdot \hat{k} = 0$$

$$\hat{i} \cdot \hat{i} = 1; \hat{j} \cdot \hat{j} = 1; \hat{k} \cdot \hat{k} = 1$$

$$\vec{A} \cdot \vec{B} = A_x B_x + A_y B_y + A_z B_z$$

$$\vec{F} \cdot \vec{s} = F_x x + F_y y + F_z z$$

# Example

A loaded grocery cart is rolling across a parking lot in a strong wind. You apply a constant force  $\vec{F} = (30 \text{ N})\vec{i} - (40 \text{ N})\vec{j}$  to the cart as it undergoes a displacement from position  $\vec{r}_1 = (0 \text{ m})\vec{i} + (6.0 \text{ m})\vec{j}$  to position  $\vec{r}_2 = (-9 \text{ m})\vec{i} + (3.0 \text{ m})\vec{j}$ . How much work does the force you apply do on the grocery cart?

$$\vec{F} \cdot \vec{s} = F_x x + F_y y + F_z z \quad \vec{F} = (30 \text{ N})\vec{i} - (40 \text{ N})\vec{j}$$

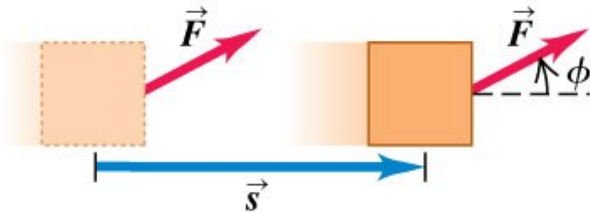
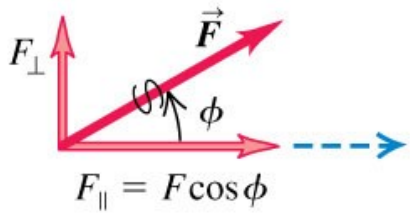
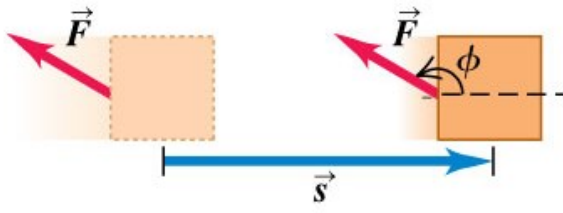
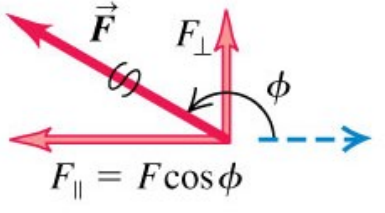
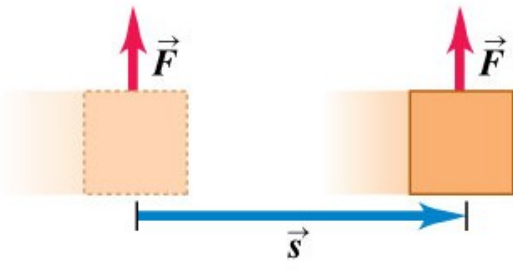
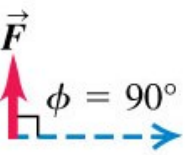
$$\vec{s} = \vec{r}_2 - \vec{r}_1 = (-9 \text{ m})\vec{i} - (3.0 \text{ m})\vec{j}$$

$$\vec{F} \cdot \vec{s} = [(30 \text{ N})\hat{i} - (40 \text{ N})\hat{j}] \cdot [(-9.0 \text{ m})\hat{i} - (3.0 \text{ m})\hat{j}]$$

$$\vec{F} \cdot \vec{s} = (30 \text{ N})(-9.0 \text{ m}) + (-40 \text{ N})(-3.0 \text{ m}) = -270 \text{ N} \cdot \text{m} + 120 \text{ N} \cdot \text{m} = -150 \text{ J}.$$

# Positive, negative, and zero work

- $W \equiv \vec{F} \cdot \vec{s} = (F \cos \phi) s$
- A force can do positive, negative, or zero work depending on the angle between the force and the displacement.

Direction of Force (or Force Component)	Situation	Force Diagram
<p>(a) <b>Force <math>\vec{F}</math> has a component in direction of displacement:</b>  <math>W = F_{\parallel} s = (F \cos \phi) s</math>                      Work is <i>positive</i>.</p>		
<p>(b) <b>Force <math>\vec{F}</math> has a component opposite to direction of displacement:</b>  <math>W = F_{\parallel} s = (F \cos \phi) s</math>                      Work is <i>negative</i> (because <math>F \cos \phi</math> is negative for <math>90^\circ &lt; \phi &lt; 180^\circ</math>).</p>		
<p>(c) <b>Force <math>\vec{F}</math> (or force component <math>F_{\perp}</math>) is perpendicular to direction of displacement:</b> The force (or force component) does <i>no</i> work on the object.</p>		

Example:

When you lift a box, is the work positive or negative?

(A) Positive

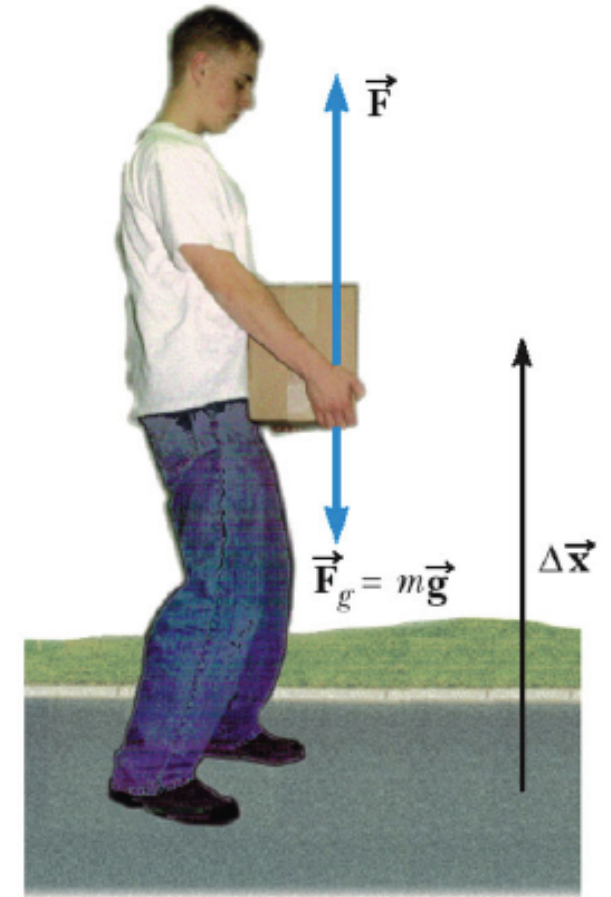


(B) Negative

(C) Zero

When you lower the box?

Negative



Example: When you move box horizontally 10 m with a constant velocity, what is the work done by you?

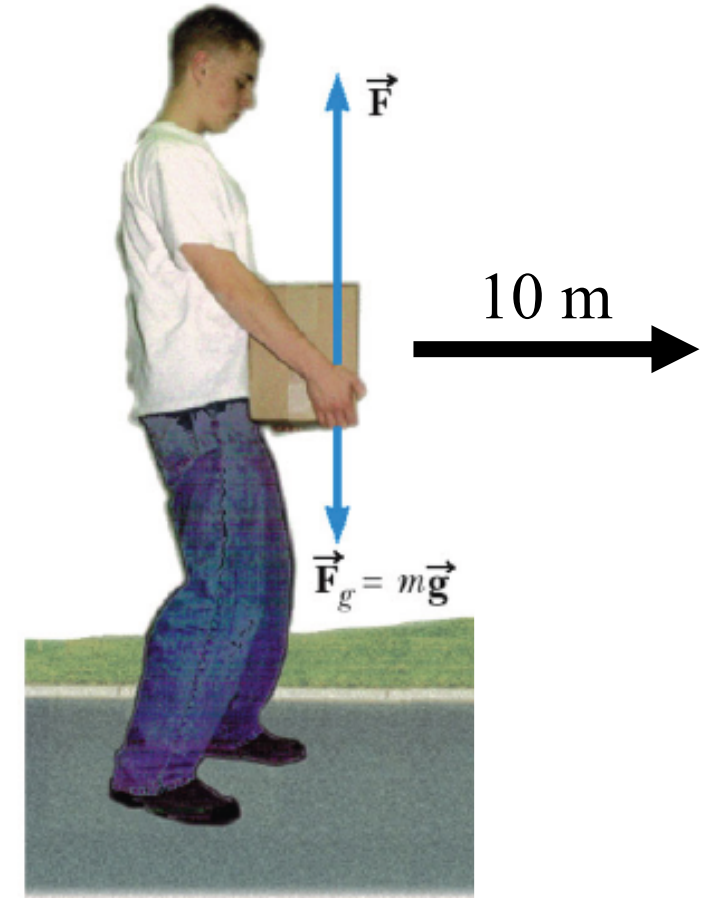
Positive

Negative

Zero ✓

$$W \equiv \vec{F} \cdot \vec{s} = Fs(\cos 90^\circ)$$

It depends on the mass of the box



**Example:** A 60-kg skydiver descends at a constant velocity of 15 m/s thanks to her parachute. What is the work (in kJ) is done by the parachute on the skydiver as she descends 1.0 km?

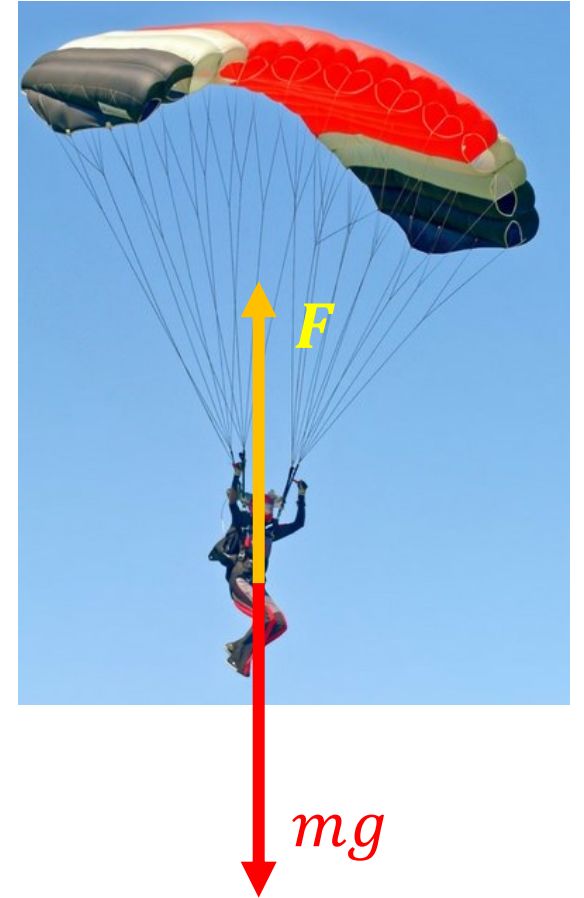
$$W \equiv \vec{F} \cdot \vec{s} = (F \cos \phi) s$$

$$F = mg = 60 \times 9.8 = 588 \text{ N}$$

What is the angle between the displacement and force?

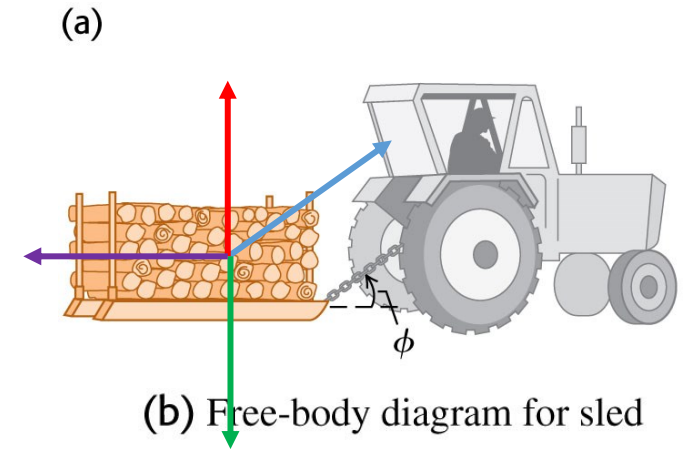
$$\phi = 180^\circ, \cos \phi = -1$$

$$W = -588 \times 1000 = -588 \text{ kJ}$$



# Work done by several forces

The total weight of the sled and the load is 14,700 N. The tractor exerts a constant 5000-N force at an angle of  $36.9^\circ$  above the horizontal. Displacement is 20 m. A 3500-N friction force opposes the sled's motion. Find the total work done by all forces.



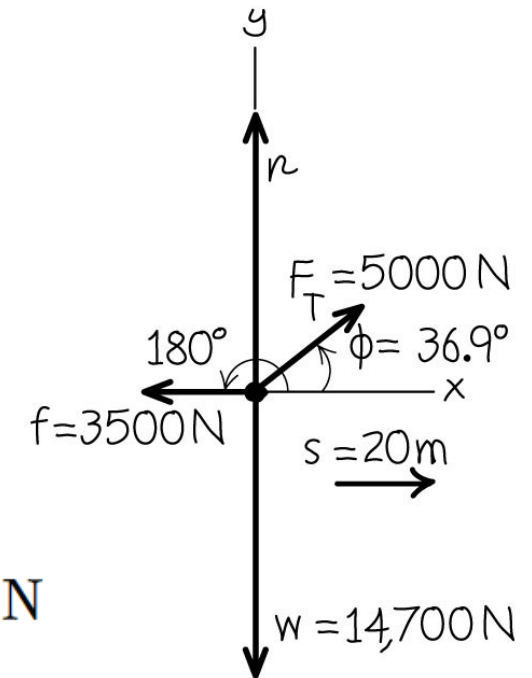
**Step 1:** Equation for the total work done by all forces?

$$\vec{F} \cdot \vec{s} = F_x x + F_y y + F_z z$$

**Step 2:** We need to know  $F_x$ , and  $F_y$ , decompose.

$$\begin{aligned}\sum F_x &= F_T \cos \phi + (-f) = (5000 \text{ N}) \cos 36.9^\circ - 3500 \text{ N} \\ &= 500 \text{ N}\end{aligned}$$

$$\sum F_y = F_T \sin \phi + n + (-w) = (5000 \text{ N}) \sin 36.9^\circ + n - 14,700 \text{ N}$$



# Work done by several forces

The total weight of the sled and the load is 14,700 N. The tractor exerts a constant 5000-N force at an angle of  $36.9^\circ$  above the horizontal. Displacement is 20 m. A 3500-N friction force opposes the sled's motion. Find the total work done by all forces.

$$\vec{F} \cdot \vec{s} = F_x x + F_y y + F_z z$$

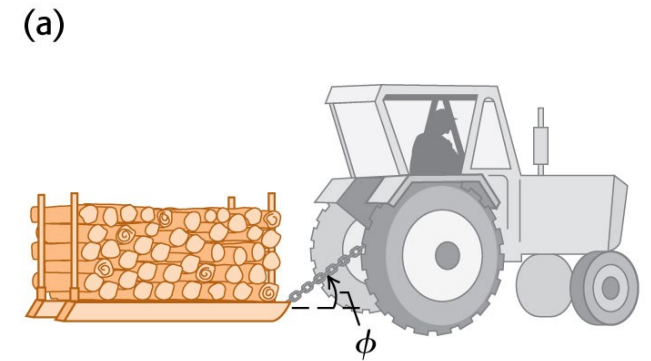
**Step 3:** We need to know  $x$ , and  $y$ .

$x = 20$  m, and  $y = 0$  m.

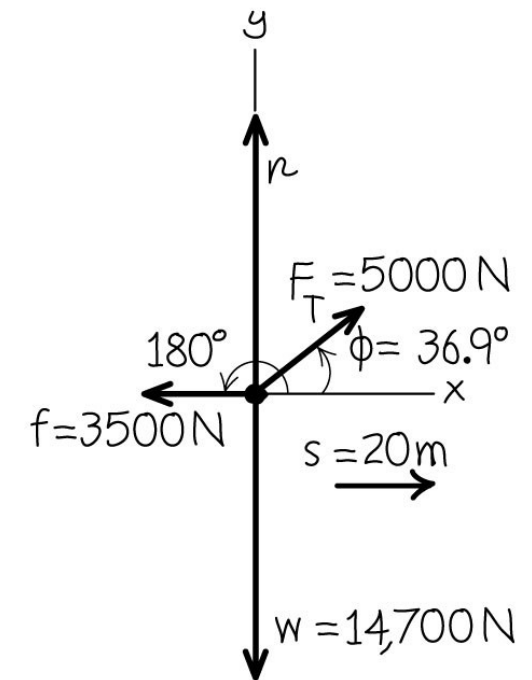
$$\sum F_y \cdot y = 0$$

$$\begin{aligned} \sum F_x &= F_T \cos \phi + (-f) = (5000 \text{ N}) \cos 36.9^\circ - 3500 \text{ N} \\ &= 500 \text{ N} \end{aligned}$$

$$W_{\text{tot}} = \left( \sum \vec{F} \right) \cdot \vec{s} = (\sum F_x) s = (500 \text{ N})(20 \text{ m}) = 10,000 \text{ J}$$



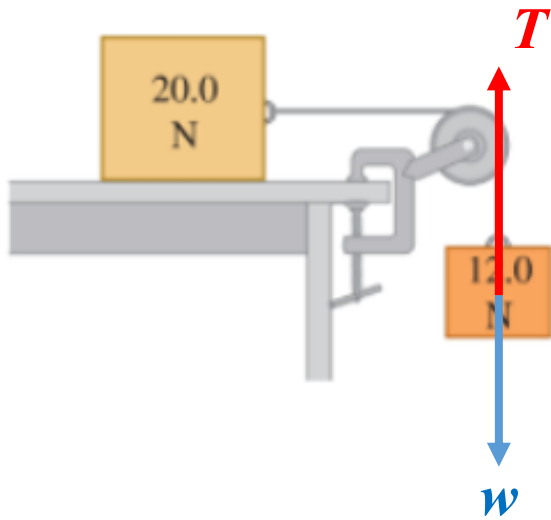
(b) Free-body diagram for sled



# Example: two objects

Two blocks are connected by a very light string passing over a massless and frictionless pulley. Traveling at **constant speed**, the **20 N** block moves **75 cm** to the right and the **12 N** block moves **75 cm** downward.

(A) How much work is done on the **12 N block** by (i) **gravity** and (ii) **the tension** in the string?



**Q1:** Which object should we focus on?      **12 N block**

**Q2:** For gravity, what is the angle between the displacement and force?

$$\phi = 0^\circ \text{ and } W = (12.0 \text{ N})(0.750 \text{ m})\cos 0^\circ = 9.00 \text{ J.}$$

**Q3:** For tension, what is the angle between the displacement and force?

$$\phi = 180^\circ \text{ and } W = (12.0 \text{ N})(0.750 \text{ m})\cos 180^\circ = -9.00 \text{ J.}$$

**Q4:** What is the total work done on this 12-N block?       $W_{\text{tot}} = 0$

# Example: two objects

Two blocks are connected by a light string passing over a massless/frictionless pulley. Traveling at **constant speed**, the **20 N** block moves **75 cm** to the right and the **12 N** block moves **75 cm** downward.

(B) How much work is done on the **20 N block** by (i) gravity, (ii) the tension in the string, (iii) friction, and (iv) the normal force?

**Q1:** For gravity, angle between the displacement and force? (i)  $\phi = 90^\circ$  and  $W = 0$ .

**Q2:** For tension, angle between the displacement and force?

(ii)  $\phi = 0^\circ$  and  $W = (12.0 \text{ N})(0.750 \text{ m})\cos 0^\circ = 9.00 \text{ J}$ .

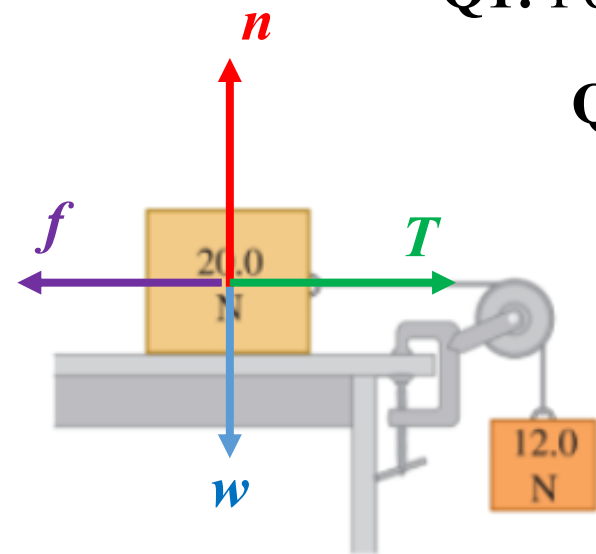
**Q3:** For friction, angle between the displacement and force?

$\phi = 180^\circ$  and  $W = (12.0 \text{ N})(0.750 \text{ m})\cos 180^\circ = -9.00 \text{ J}$ .

**Q4:** For normal force, angle between the displacement and force?

(iv)  $\phi = 90^\circ$  and  $W = 0$ .

$W_{\text{tot}} = 0$  for each block.



# Example: inclined surface

A block of mass  $m$  is released from rest at the top of an incline that makes an angle  $\alpha$  with the horizontal. The coefficient of kinetic friction between the block and incline is  $\mu_k$ . The top of the incline is a distance  $h$  above the bottom of the incline. Derive an expression for the work  $W_f$  done on the block by **friction** as it travels from the top of the incline to the bottom.

**Q1:** For friction, angle between the displacement and force?

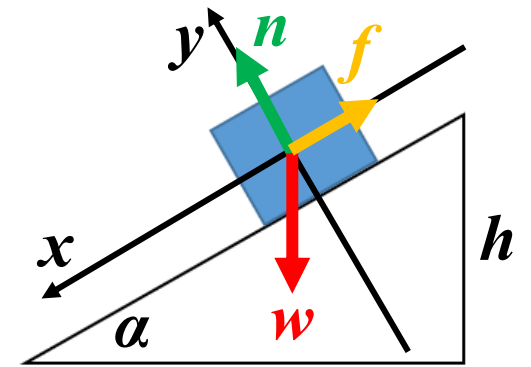
$$\phi = 180^\circ \quad W_f = fs \cos 180^\circ = -fs$$

**Q2:** Magnitude of friction force?

$$f = \mu_k n \quad n - mg \cos \alpha = 0 \quad n = mg \cos \alpha$$
$$= \mu_k mg \cos \alpha$$

**Q3:** Magnitude of displacement?  $s = h/\sin \alpha$

$$W_f = -\mu_k mg \cos \alpha \left( \frac{h}{\sin \alpha} \right) = -\frac{\mu_k mgh}{\tan \alpha}.$$



# Example: inclined surface

A block of mass  $m$  is released from rest at the top of an incline that makes an angle  $\alpha$  with the horizontal. The coefficient of kinetic friction between the block and incline is  $\mu_k$ . The top of the incline is a distant  $h$  above the bottom of the incline. Derive an expression for the work  $W_w$  done on the block by **gravity** as it travels from the top of the incline to the bottom.

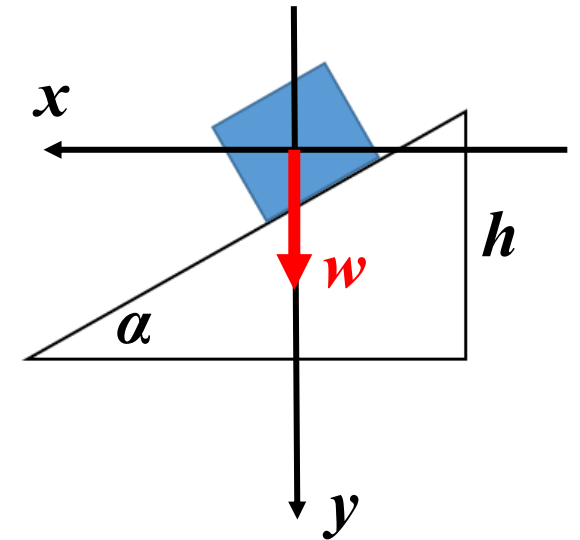
**Q1:** What is the displacement along  $y$  axis?  $(y_2 - y_1) = h$

**Q2:** What is the displacement along  $x$  axis?  $(x_2 - x_1) = \frac{h}{\tan \alpha}$

**Q3:** What is the component of gravity along  $y$  axis?  $mg$

**Q4:** What is the component of gravity along  $x$  axis?  $F_x = 0$

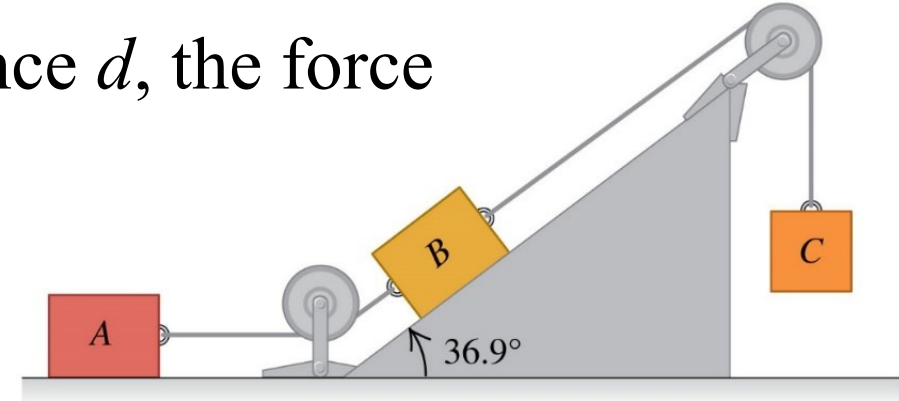
$$\vec{F} \cdot \vec{s} = F_x x + F_y y + F_z z \quad W_{mg} = mg(y_2 - y_1) = mgh$$



# Example:

Three blocks are connected as shown. The ropes and pulleys are of negligible mass. When released,  $C$  moves downward,  $B$  moves up the ramp, and  $A$  moves to the right.

After each block has moved a distance  $d$ , the force of gravity has done



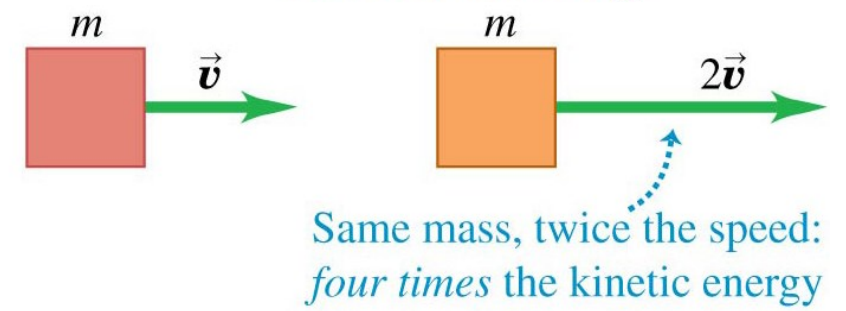
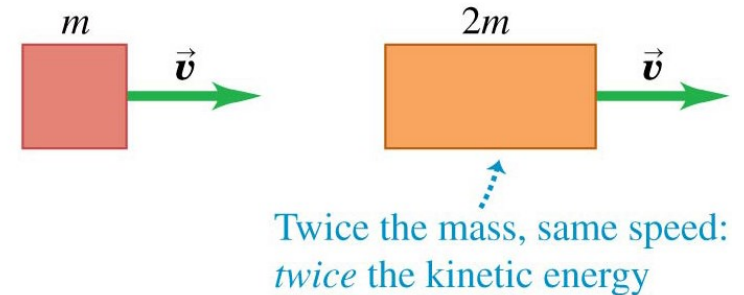
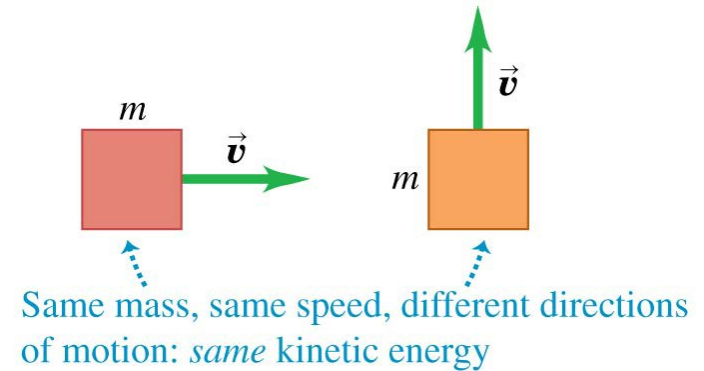
- (A). positive work on  $A$ ,  $B$ , and  $C$ .
- (B). zero work on  $A$ , positive work on  $B$ , and negative work on  $C$ .
- (C). zero work on  $A$ , negative work on  $B$ , and positive work on  $C$ .
- (D). none of these

# Kinetic Energy

- For an object  $m$  moving with a speed of  $v$ ,

**Kinetic energy of a particle**  $\rightarrow K = \frac{1}{2}mv^2$   $\leftarrow$  **Mass of particle**  
 $\leftarrow$  **Speed of particle**

- Like work, the kinetic energy is a scalar; it depends on only the object's mass and speed, not its direction of motion.
- Kinetic energy is energy associated with the state of motion. **Can be zero, but never be negative.**
- SI unit: joule (J)       $1 \text{ J} = 1 \text{ kg m}^2/\text{s}^2$



# Example: Kinetic Energy

A tiger has a mass of about **70 kg** and has been clocked to run at up to **32 m/s**.

(A) How many joules of kinetic energy does such a tiger has?

(B) By what factor would its kinetic energy change if its speed were doubled?

(a)  $K = \frac{1}{2}mv^2 = \frac{1}{2}(70 \text{ kg})(32 \text{ m/s})^2 = 3.6 \times 10^4 \text{ J}.$

(b)  $K$  is proportional to  $v^2$ , so  $K$  increases by a factor of 4 when  $v$  doubles.

# Work and Kinetic Energy

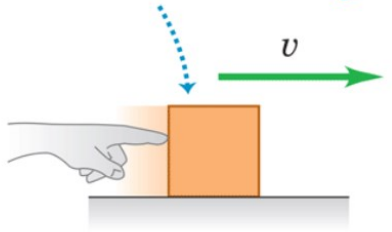
$$W \equiv (F \cos \phi)s = \vec{F} \cdot \vec{s}$$

$$\vec{F} \cdot \vec{s} = F_x x + F_y y + F_z z$$

$$K = \frac{1}{2}mv^2$$

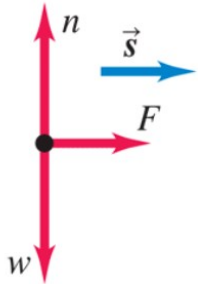
(a)

A block slides to the right on a frictionless surface.



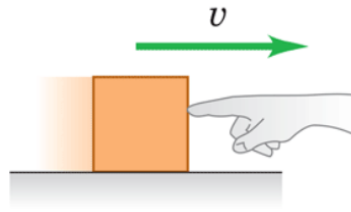
If you push to the right on the block as it moves, the net force on the block is to the right.

$$\phi = 0^\circ, \cos\phi = 1$$



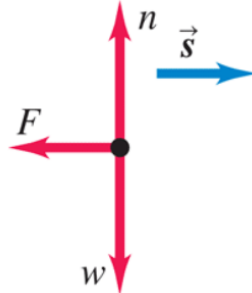
- The total work done on the block during a displacement  $\vec{s}$  is positive:  $W_{\text{tot}} > 0$ .
- The block speeds up.

(b)



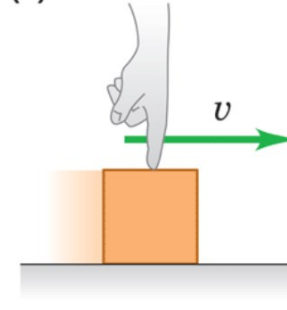
If you push to the left on the block as it moves, the net force on the block is to the left.

$$\phi = 180^\circ, \cos\phi = -1$$



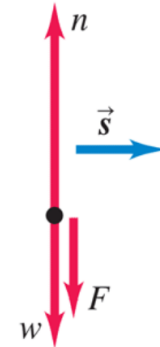
- The total work done on the block during a displacement  $\vec{s}$  is negative:  $W_{\text{tot}} < 0$ .
- The block slows down.

(c)



If you push straight down on the block as it moves, the net force on the block is zero.

$$\phi = 90^\circ, \cos\phi = 0$$



- The total work done on the block during a displacement  $\vec{s}$  is zero:  $W_{\text{tot}} = 0$ .
- The block's speed stays the same.

# Kinetic Energy and Newton's laws

Initial point:  $K_0 = \frac{1}{2}mv_0^2$

Final point:  $K = \frac{1}{2}mv^2$

Chang of  
kinetic energy



$$\begin{aligned}\Delta K &= \frac{1}{2}mv^2 - \frac{1}{2}mv_0^2 \\ &= \frac{1}{2}m(v^2 - v_0^2)\end{aligned}$$

Newton's second law:  $(v^2 - v_0^2) = 2a(x - x_0)$  **Constant acceleration!**

So:  $\Delta K = \frac{1}{2}m(v^2 - v_0^2) = \frac{1}{2}m2a(x - x_0) = ma(x - x_0) = F\Delta x = W$

This is the **Work-Energy Theorem!**  $\vec{F} \cdot \vec{s} = W = \Delta K$

# Example: Work-Energy Theorem

A loaded grocery cart ( $m = 20 \text{ kg}$ ) is rolling across a parking lot. You apply a constant force  $\vec{F} = (30 \text{ N})\hat{i} - (40 \text{ N})\hat{j}$  to the cart as it undergoes a displacement from position  $\vec{r}_1 = (0 \text{ m})\hat{i} + (1.0 \text{ m})\hat{j}$  to position  $\vec{r}_2 = (8 \text{ m})\hat{i} + (3.0 \text{ m})\hat{j}$ . The cart is initially at rest, what is its speed at position  $\vec{r}_2$  ?

$$\vec{s} = \vec{r}_2 - \vec{r}_1$$

$$\vec{F} \cdot \vec{s} = F_x x + F_y y + F_z z$$

$$\vec{F} \cdot \vec{s} = [(30 \text{ N})\hat{i} - (40 \text{ N})\hat{j}] \cdot [(8.0 \text{ m})\hat{i} + (2.0 \text{ m})\hat{j}]$$

$$\vec{F} \cdot \vec{s} = (30 \text{ N})(8.0 \text{ m}) + (-40 \text{ N})(2.0 \text{ m}) = 240 \text{ N} \cdot \text{m} - 80 \text{ N} \cdot \text{m} = 160 \text{ J}.$$

$$\vec{F} \cdot \vec{s} = 160 \text{ J} = \Delta K = \frac{1}{2} m (v^2 - v_0^2)$$

$$160 \text{ J} = \frac{1}{2} (20 \text{ kg}) v^2$$

$$v = 4 \text{ m/s}$$