

# Quiz

$$W = F\Delta x = \Delta K = \frac{1}{2}m(v^2 - v_0^2)$$

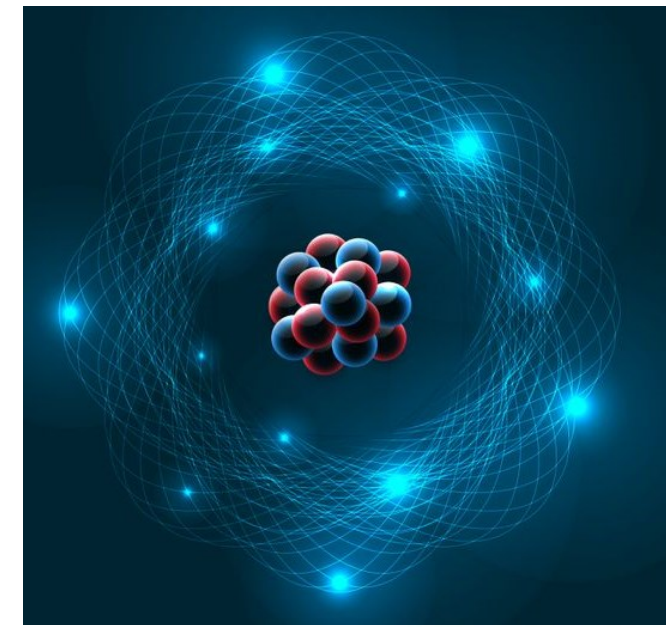
$$W = \frac{1}{2}kx_2^2 - \frac{1}{2}kx_1^2$$

# Physics 111: Mechanics

## Chapter07

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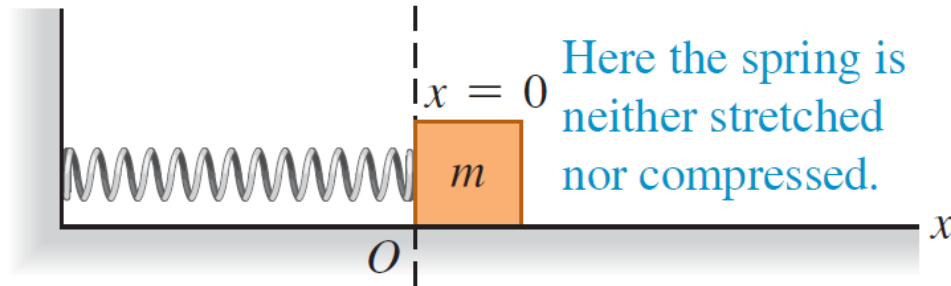


# Potential Energy and Energy Conservation

- To use *elastic potential energy* for a body attached to a spring
- To use *gravitational potential energy* in vertical motion
- To solve problems involving *conservative* and *nonconservative* forces
- To determine the properties of a conservative force from the corresponding *potential-energy function*

# Work done by a spring

(a)

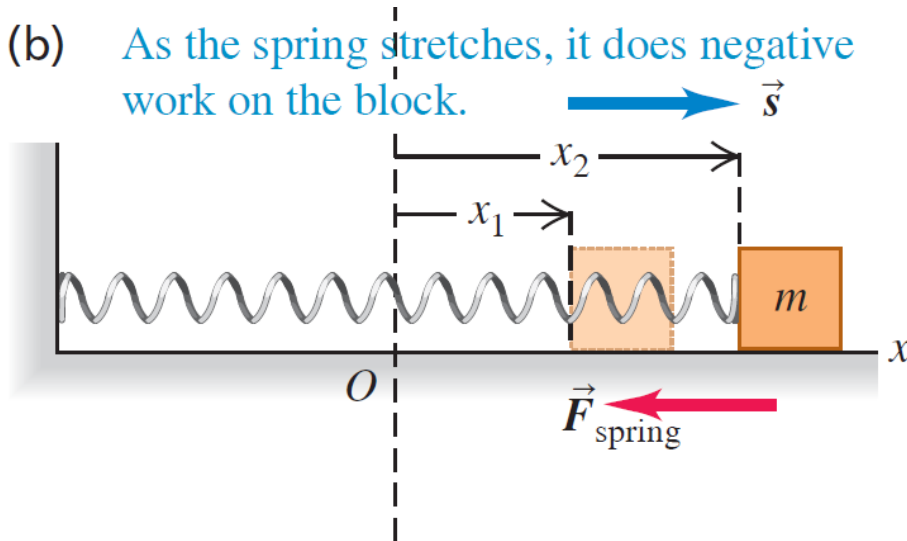


In figure (b), the kinetic energy of the block decreases as the spring is stretched.

**Q:** Where does the kinetic energy go? Disappear?

(b)

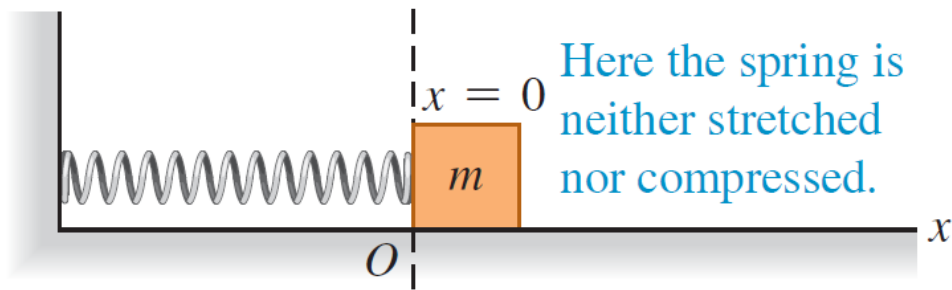
As the spring stretches, it does negative work on the block.



The spring is stretched and becomes energized. It stores some energy!

# Work done by a spring

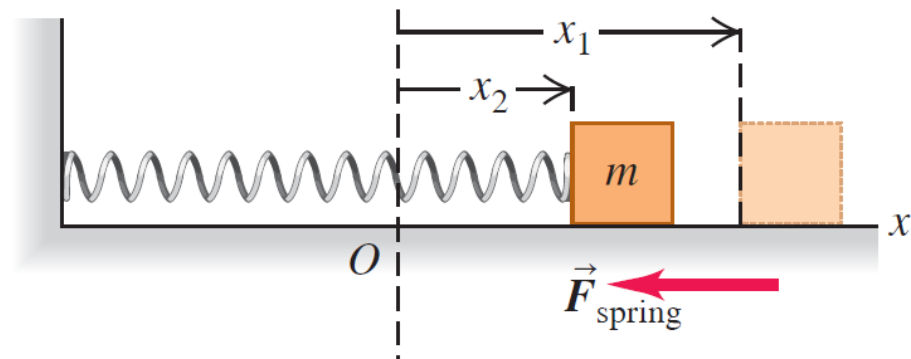
(a)



In figure (c), the kinetic energy of the block increases as the spring is relaxed.

**Q:** Where does the kinetic energy come from?

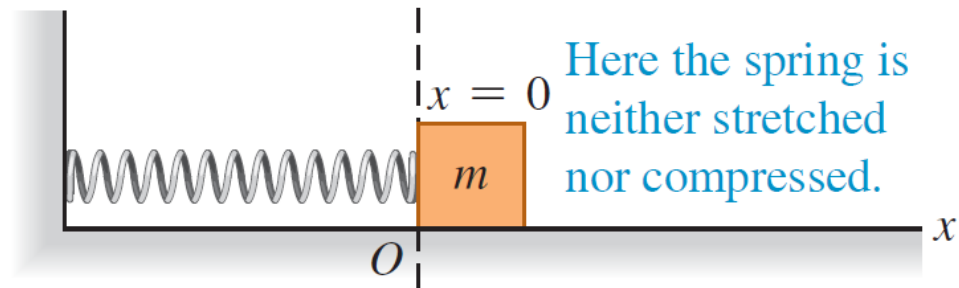
(c) As the spring relaxes, it does positive work on the block.



Stretched spring stores some energy.  
It releases the energy when it is relaxed.

# Work done by a spring

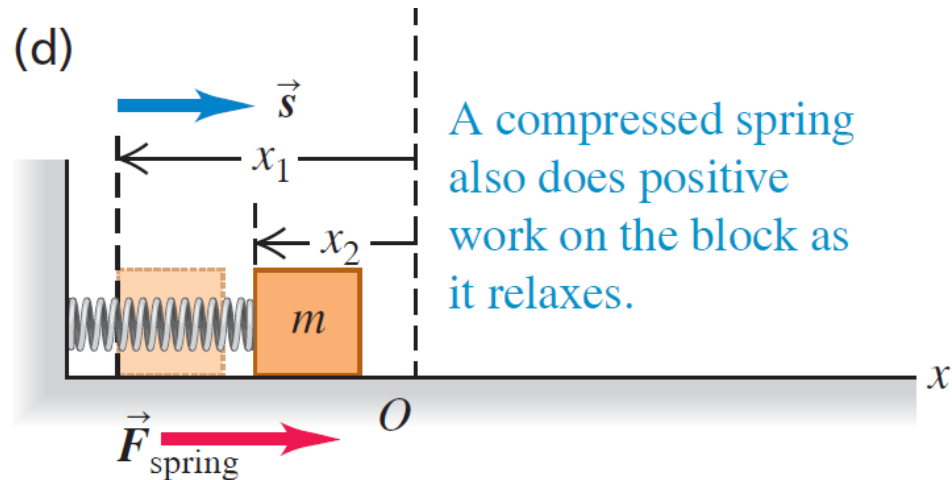
(a)



In figure (d), the kinetic energy of the block increases as the spring is relaxed from compressed state.

**Q:** Where does the kinetic energy come from?

(d)



Compressed spring also stores some energy. It releases the energy when it is relaxed.

Potential energy in spring!

# Potential energy in spring

- Work done **by** the spring on the block from  $x_1$  to  $x_2$

$$W_s = \int_{x_1}^{x_2} F_s dx = \int_{x_1}^{x_2} -kx dx = \frac{1}{2} kx_1^2 - \frac{1}{2} kx_2^2$$

- Work done **on** the spring (increase its energy)

$$W = \int_{x_1}^{x_2} F_x dx = \int_{x_1}^{x_2} kx dx = \frac{1}{2} kx_2^2 - \frac{1}{2} kx_1^2$$

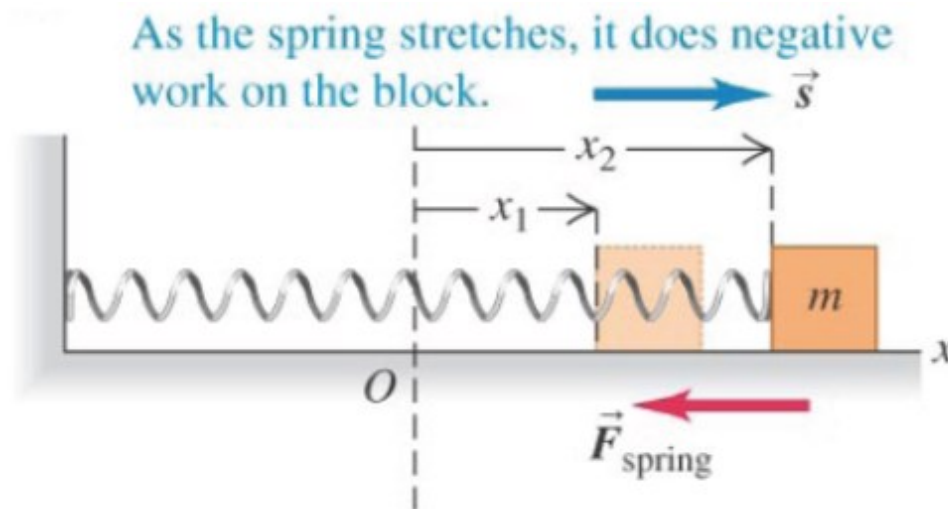
Final Initial

- **Elastic Potential energy**

Elastic potential energy stored in a spring  $\rightarrow U_{el} = \frac{1}{2} kx^2$

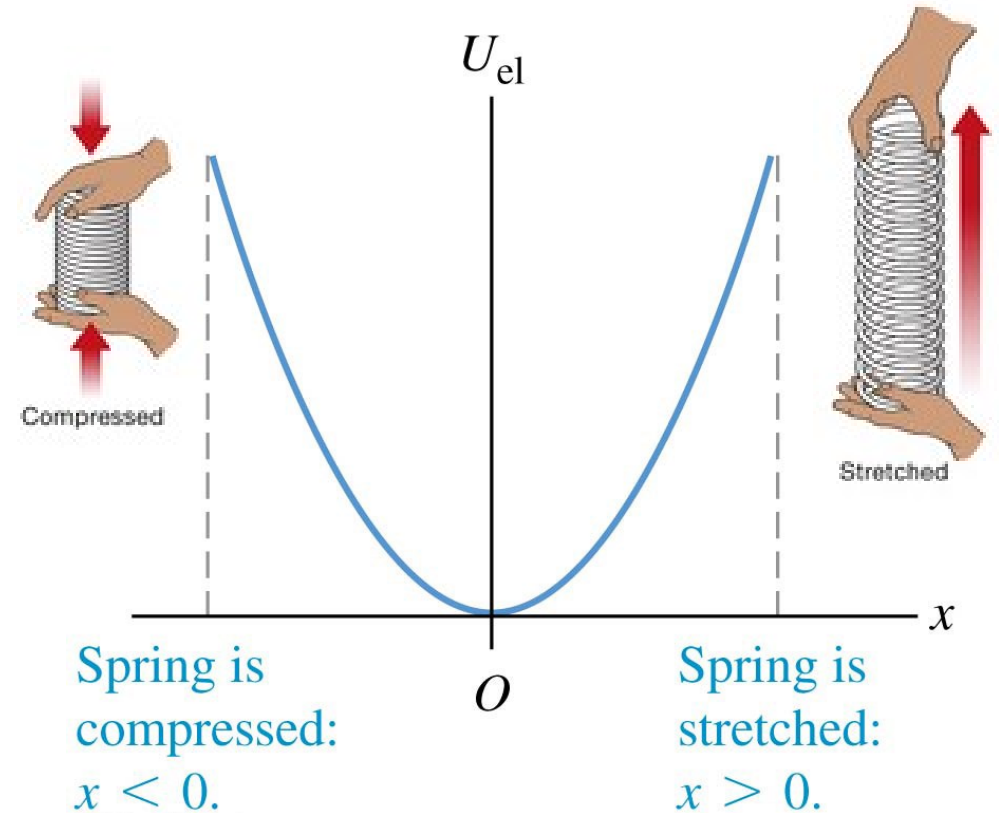
Force constant of spring  $k$

Elongation of spring  $x$  ( $x > 0$  if stretched,  $x < 0$  if compressed)



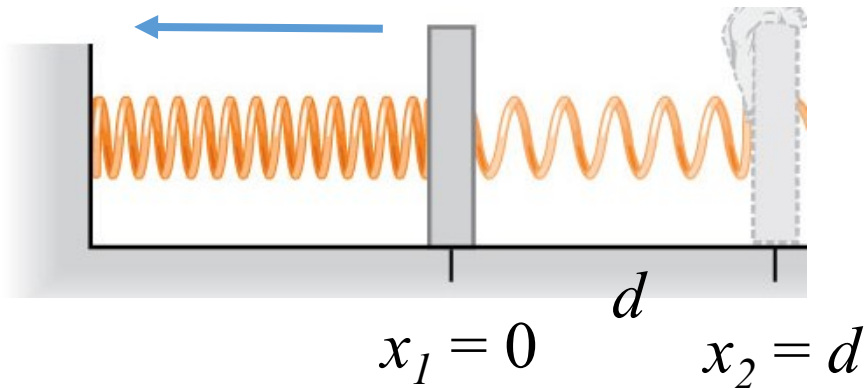
# Potential energy in spring

- Elastic Potential energy:  $U_{el} = \frac{1}{2} kx^2$
- The graph of **elastic potential energy** for an ideal spring is a **parabola**.
- $x$  is the extension or compression of the spring.
- Elastic potential energy is **never negative**.



# Example: potential energy in spring

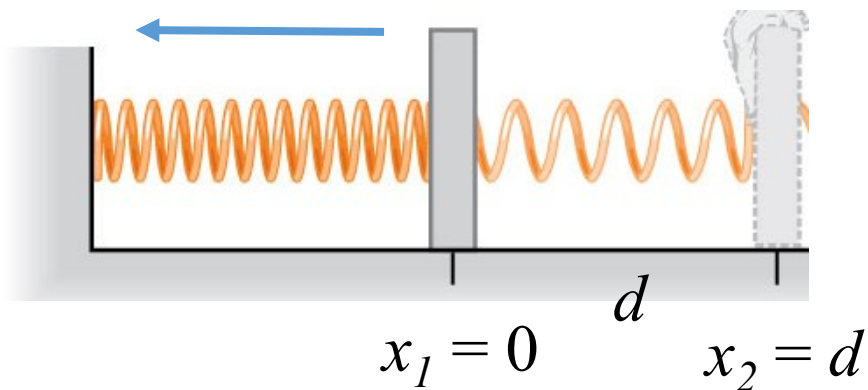
A glider of mass **0.1 kg** is attached to the end of a horizontal air track by a spring with force constant **20.0 N/m**. The spring is pulled a distance  $d = 0.106$  m out of equilibrium. Find the **potential energy** stored in the spring.



$$\begin{aligned} U_{el} &= \frac{1}{2} k x^2 = \frac{1}{2} k (x_2 - x_1)^2 \\ &= \frac{1}{2} (20 \text{ N/m})(0.106 \text{ m})^2 \\ &= 0.112 \text{ J} \end{aligned}$$

# Example: potential energy in spring

A glider of mass **0.1 kg** is attached to the end of a horizontal air track by a spring with force constant **20.0 N/m**. The length of the spring is 2 m at equilibrium. If you wanted to **store 10.0 J** of potential energy in this spring, what would be the *total length* of the spring?



$$\begin{aligned}U_{el} &= \frac{1}{2} k x^2 \\&= \frac{1}{2} (20 \text{ N/m}) x^2 \\&= 10 \text{ J}\end{aligned}$$

$$x = \pm 1 \text{ m}$$

$$L = 2 \pm 1 \text{ m}$$

$$L = 1 \text{ m or } 3 \text{ m}$$

# Example: Potential energy in spring

An ideal spring of negligible mass is **12.00 cm** long when **nothing is attached** to it. When you hang a **3.15 kg weight** from it, you measure its length to be **13.40 cm**. If you wanted to **store 10.0 J** of potential energy in this spring, what would be its **total length**? Assume that it continues to obey Hooke's law.

$$U_{\text{el}} = \frac{1}{2}kx^2 \quad \text{But } k \text{ is unknown, need to find } k \text{ first.}$$

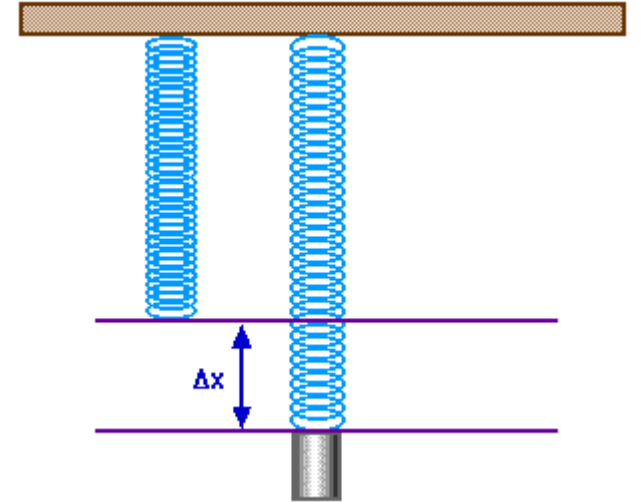
$$F = kx \text{ to find } k. \quad k = \frac{F}{x} = \frac{mg}{x} = \frac{(3.15 \text{ kg})(9.80 \text{ m/s}^2)}{0.1340 \text{ m} - 0.1200 \text{ m}} = 2205 \text{ N/m.}$$

$$x = \pm \sqrt{\frac{2U_{\text{el}}}{k}} = \pm \sqrt{\frac{2(10.0 \text{ J})}{2205 \text{ N/m}}} = \pm 0.0952 \text{ m} = \pm 9.52 \text{ cm.}$$

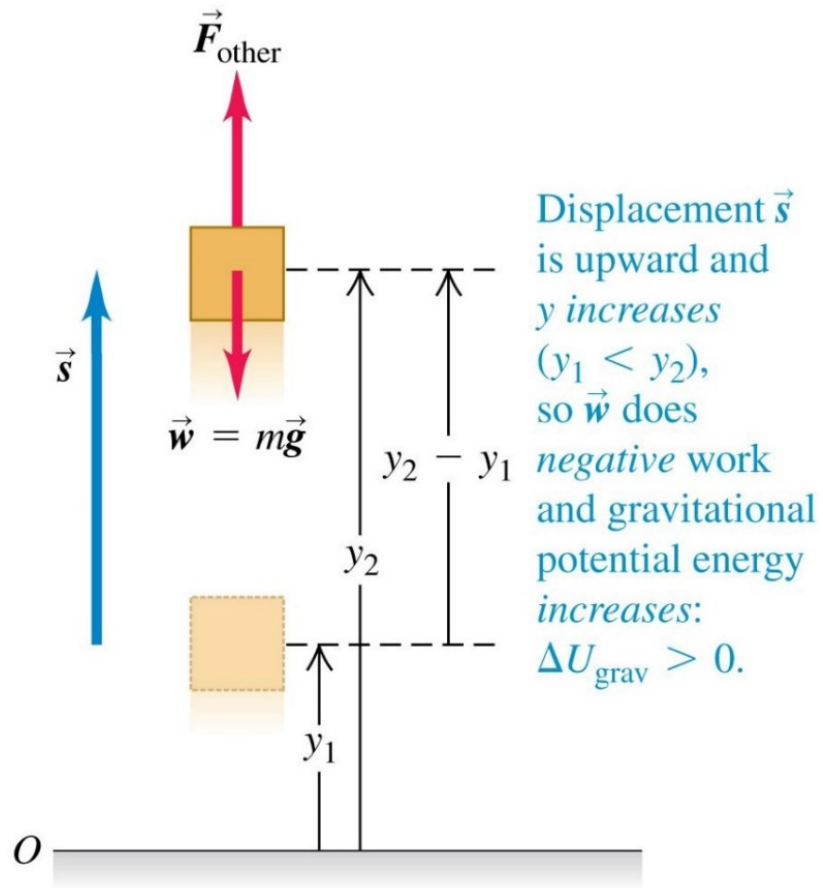
The spring could be either stretched 9.52 cm or compressed 9.52 cm.

If it is stretched, the total length of the spring would be 12.00 cm + 9.52 cm = 21.52 cm.

If it is compressed, the total length would be 12.00 cm - 9.52 cm = 2.48 cm.



# Gravitational Potential Energy

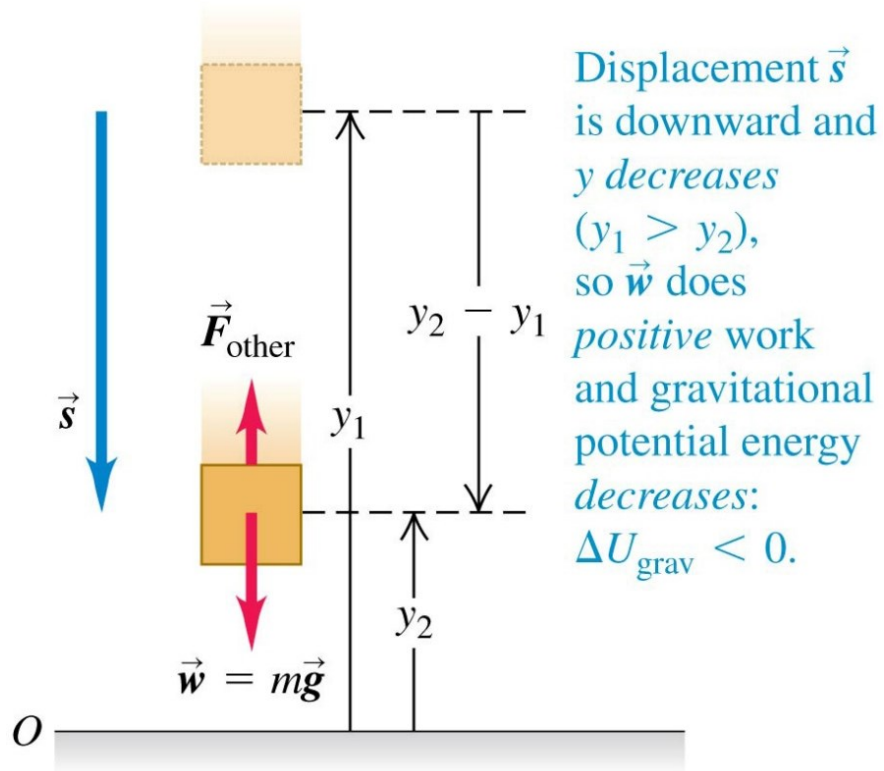


We throw an object upward. Its kinetic energy decreases as it travels upward.

**Q:** Where does the kinetic energy go? Disappear?

The kinetic energy is transferred to “the interaction between the object and earth”. The “object-earth system” stores some energy!

# Gravitational Potential Energy



Displacement  $\vec{s}$  is downward and  $y$  decreases ( $y_1 > y_2$ ), so  $\vec{w}$  does *positive* work and gravitational potential energy *decreases*:  $\Delta U_{\text{grav}} < 0$ .

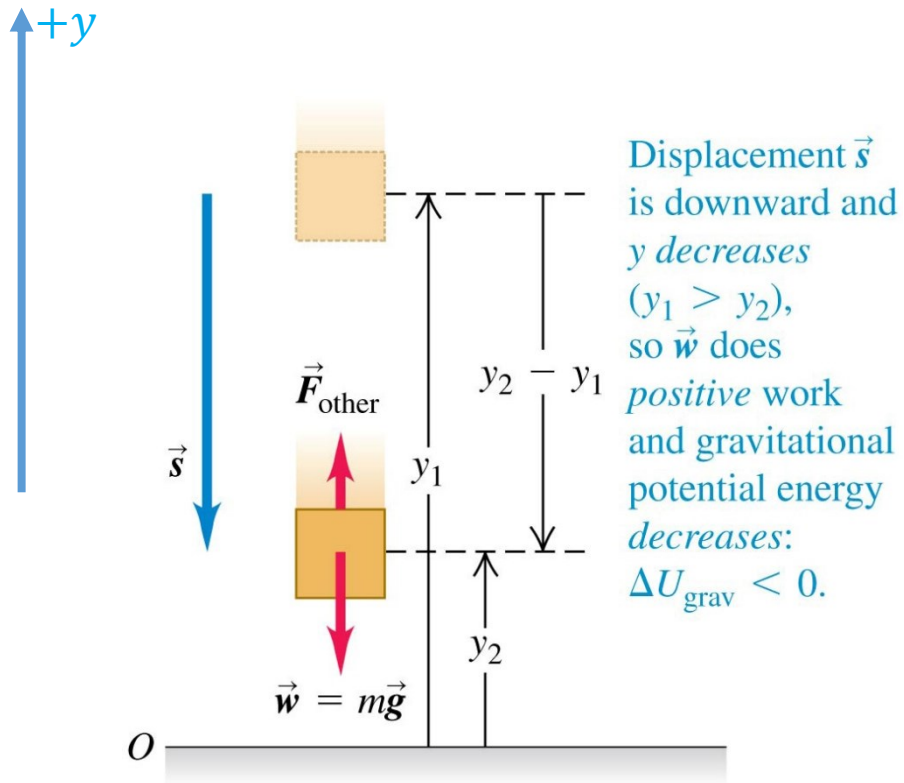
For a falling object, its kinetic energy increases as it is falling down.

**Q:** Where does the kinetic energy come from?

The “earth-object system” releases some energy!  
This energy is converted to the kinetic energy!

Gravitational Potential Energy!

# Gravitational Potential Energy



Work done **by** the gravity on the block, from  $y_1$  to  $y_2$

$$W_{\text{grav}} = F s = (-w)(y_2 - y_1) \\ = mgy_1 - mgy_2$$

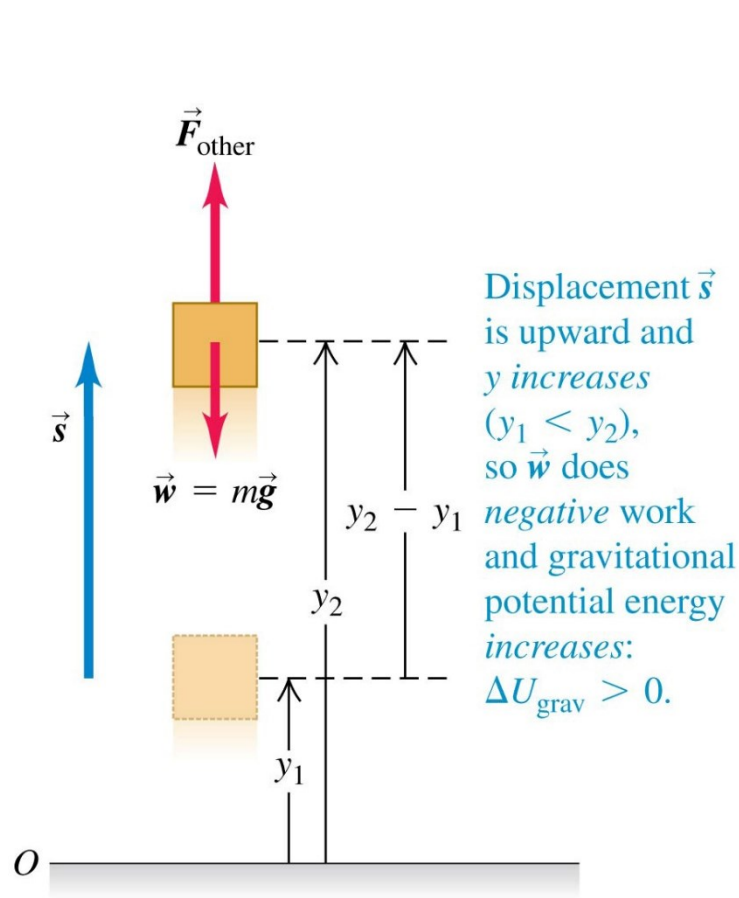
$$U_{\text{grav}} = mgy$$

$$W_{\text{grav}} = U_{\text{grav},1} - U_{\text{grav},2} \\ = -(U_{\text{grav},2} - U_{\text{grav},1}) = -\Delta U_{\text{grav}}$$

$$W_{\text{grav}} = -\Delta U_{\text{grav}}$$

The work done by gravity is equal to the negative change in gravitational potential energy.

# Gravitational Potential Energy



Work done **by** the gravity on the block, from  $y_1$  to  $y_2$

$$W_{grav} = (-w)(y_2 - y_1)$$

$$= mgy_1 - mgy_2$$

$$U_{grav} = mgy$$

$$= -(U_{grav,2} - U_{grav,1})$$

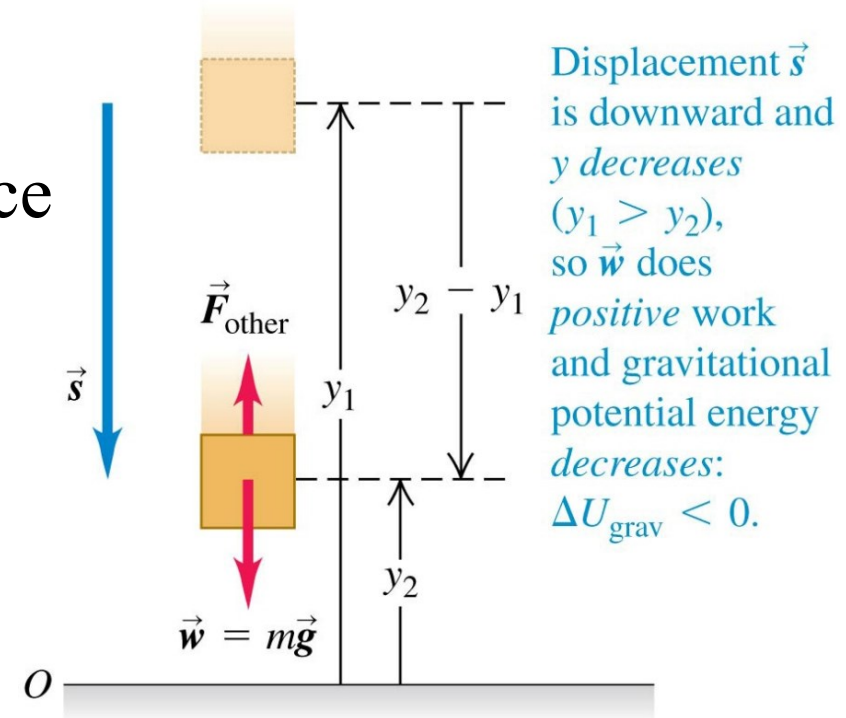
$$= -\Delta U_{grav}$$

$$W_{grav} = -\Delta U_{grav}$$

The work done by gravity is equal to the negative change in gravitational potential energy.

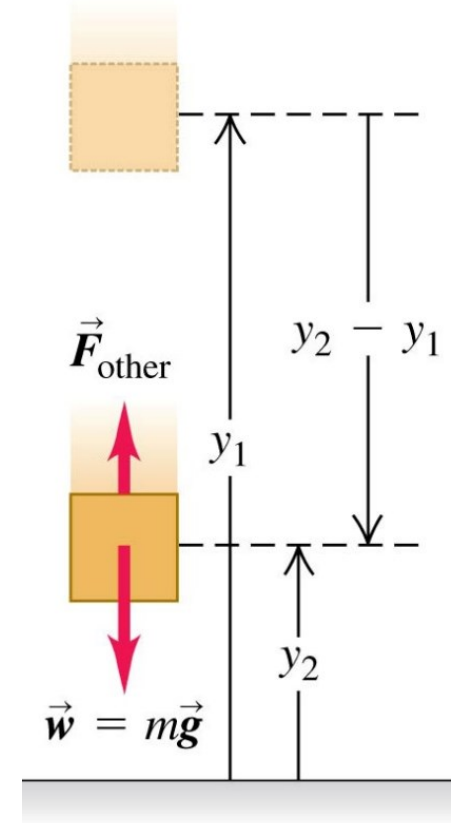
# Potential Energy

- The gravitational potential energy:  $U_{grav} = mgy$   
 $m$  is the mass of an object  
 $g$  is the acceleration of gravity  
 $y$  is the vertical position relative to the Earth surface
- SI unit: joule (J)
- Gravitational Potential Energy is the energy associated with the **relative position of an object in space near the Earth's surface**
- **Shared by both the object and Earth**



# Reference Level

- A **location** where the gravitational **potential energy is zero** must be chosen for each problem
- The choice is **arbitrary**...
- So choose a convenient location for the zero-reference height: Often the Earth's surface;  
May be some other point suggested by the problem
- Once the position is chosen, it must remain fixed for the entire problem.
- The gravitational potential energy of an object can be zero, negative or positive.



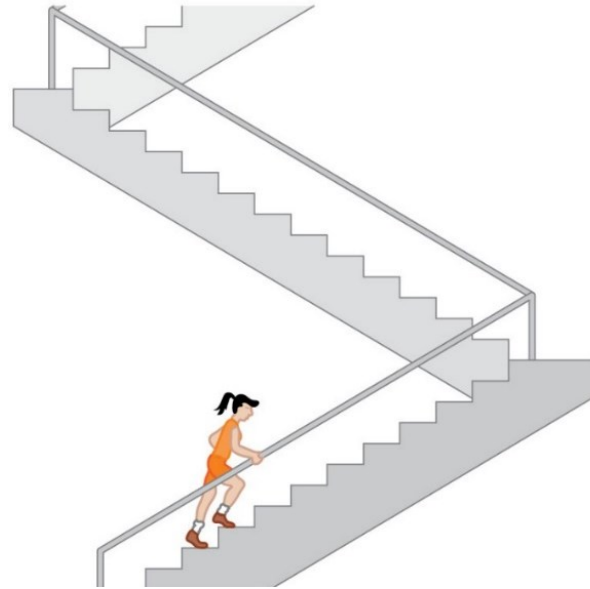
Example:

A **50.0 kg** marathon runner runs up the stairs to the top of **443-m**-tall Tower. To lift herself to the top in **15.0 minutes**, what must be her **average power** output?

$$P_{av} = \frac{\Delta W}{\Delta t}$$

$$W_{grav} = -\Delta U_{grav}$$

- (A). 241 kW.
- (B). 0.217 kW.
- (C). 217 kW.
- (D). 0.241 kW.



$$\begin{aligned} W_{runner} &= \Delta U_{grav} = mgh \\ &= (50.0 \text{ kg}) (9.8 \text{ m/s}^2) (443 \text{ m}) \\ &= 2.17 \times 10^5 \text{ J} \end{aligned}$$

$$15 \text{ min} = 900 \text{ s}$$

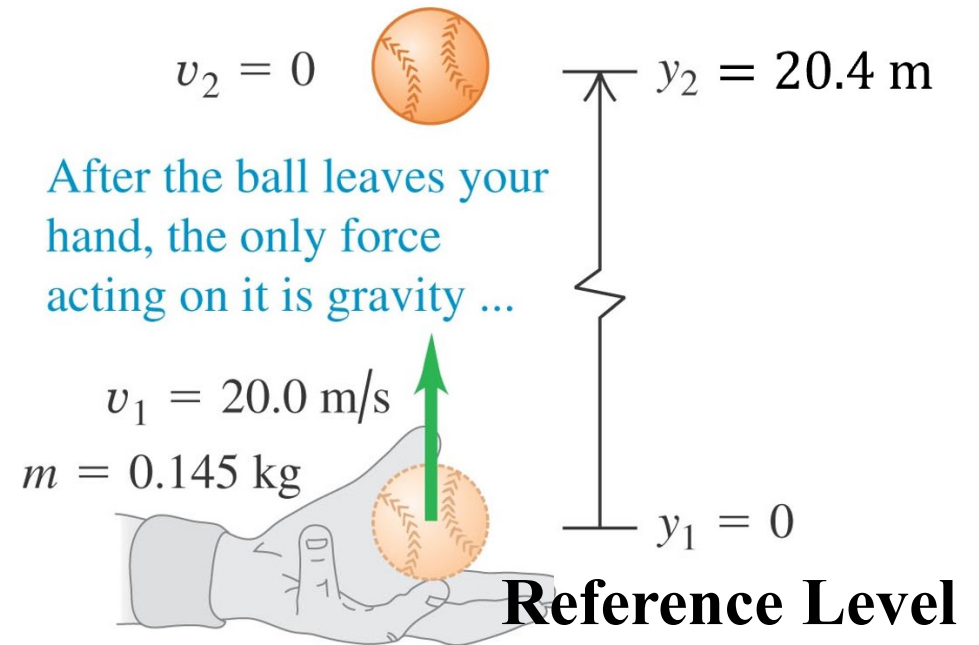
$$\begin{aligned} P_{av} &= \frac{2.17 \times 10^5}{900 \text{ s}} = 241 \text{ W} \\ &= 0.241 \text{ kW} = 0.323 \text{ hp} \end{aligned}$$

# Example: Gravitational Potential Energy

You throw a **0.145-kg** baseball straight up, giving it an initial velocity of magnitude **20.0 m/s**, it flies up 20.4 m and reaches the highest point. What is the change in its gravitational potential energy?

$$\begin{aligned}\Delta U_{grav} &= mgy_2 - mgy_1 \\ &= (0.145 \text{ kg})(9.8)(20.4 \text{ m}) - 0 = 28.99 \text{ J}\end{aligned}$$

What happened to the kinetic energy?



# Extended work-energy theorem

- The work-kinetic energy theorem can be extended to include gravitational potential energy:

$$W_{\text{tot}} = K_2 - K_1 = \Delta K$$

$$W_{\text{grav}} = U_{\text{grav},1} - U_{\text{grav},2} = - (U_{\text{grav},2} - U_{\text{grav},1}) = - \Delta U_{\text{grav}}$$

- If we only have gravitational force and all work done by all rest forces are zero, then

$$W_{\text{tot}} = W_{\text{grav}} \quad K_2 - K_1 = U_{\text{grav},1} - U_{\text{grav},2}$$

$$K_1 + U_{\text{grav},1} = K_2 + U_{\text{grav},2} \quad K + U \text{ does not change}$$

# Conservation of Mechanical Energy

- $K + U$  is called the **total mechanical energy**:  $K_1 + U_{\text{grav},1} = K_2 + U_{\text{grav},2}$

$$E = K + U_{\text{grav}}$$

- Since  $K_1 + U_{\text{grav},1} = K_2 + U_{\text{grav},2}$

A quantity that always has the same value is called a *conserved* quantity.

- So  $E = K + U_{\text{grav}} = \text{constant}$

- The total mechanical energy is conserved and remains the same at all times

$$\frac{1}{2}mv_1^2 + mgy_1 = \frac{1}{2}mv_2^2 + mgy_2$$

**(If only gravity does work)**

# Example: Conservation of Mechanical Energy

You throw a **0.145-kg** baseball straight up, giving it an initial velocity of magnitude **20.0 m/s**. Find how high it goes, ignoring air resistance.

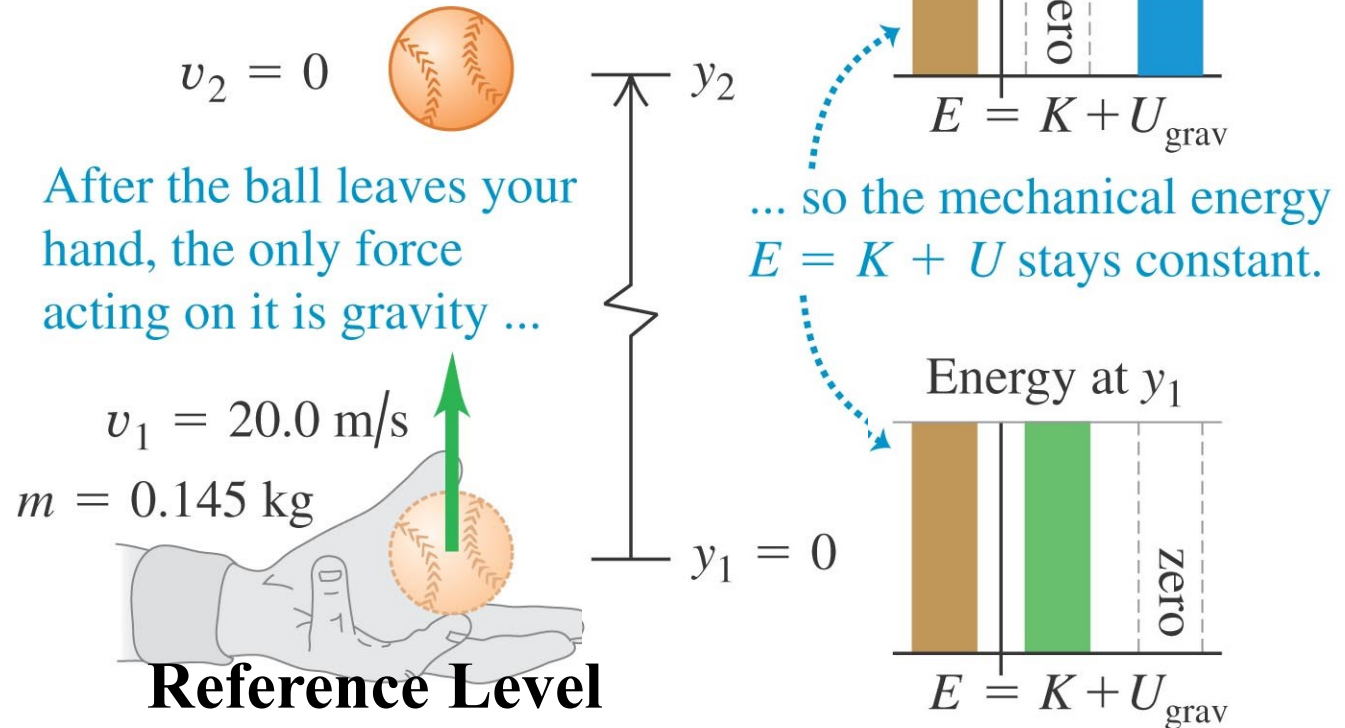
$$E = K + U_{\text{grav}} = \text{constant} \quad K_1 + \cancel{U_{\text{grav},1}} = \cancel{K_2} + U_{\text{grav},2}$$

We have  $y_1 = 0, U_{\text{grav},1} = 0 = mgy_1 = 0$

$$K_2 = \frac{1}{2}mv_2^2 = 0 \quad K_1 = U_{\text{grav},2}$$

$$\frac{1}{2}mv_1^2 = mgy_2$$

$$y_2 = \frac{v_1^2}{2g} = \frac{(20.0 \text{ m/s})^2}{2(9.8 \text{ m/s}^2)} = 20.4 \text{ m}$$



**Example:** You toss a **0.150-kg** baseball straight upward so that it leaves your hand moving at **20.0 m/s**. The ball reaches a maximum height  $y_2$ . What is the speed of the ball when it is at a height of  $y_2/2$ ? Ignore air resistance.

(A), 10.0 m/s

(B), less than 10.0 m/s but  $> 0$ .

(C), greater than 10.0 m/s

(D), zero

(E), Not enough information.

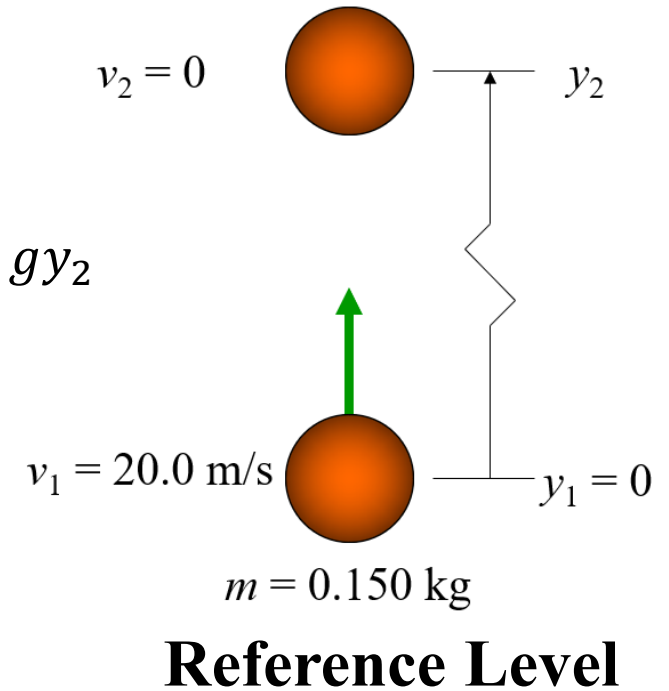
$$mgy_1 + \frac{1}{2}mv_1^2 = mgy_2 + \frac{1}{2}mv_2^2$$

$$0 + \frac{1}{2}mv_1^2 = mgy_2 + 0 \quad \frac{1}{2}v_1^2 = gy_2$$

$$mgy_1 + \frac{1}{2}mv_1^2 = m\frac{gy_2}{2} + \frac{1}{2}mv_x^2$$

$$0 + \frac{1}{2}mv_1^2 = m\frac{1}{4}v_1^2 + \frac{1}{2}mv_x^2$$

$$\frac{1}{2}v_1^2 = v_x^2 \quad v_x = \frac{20}{\sqrt{2}}$$



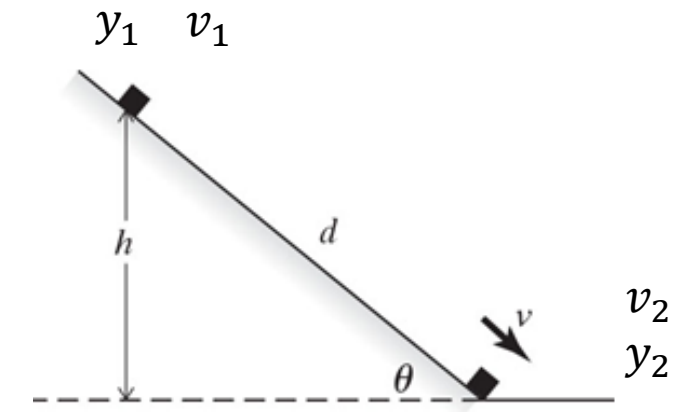
# Example: inclined surface

A **5.00 kg** block is released from rest on a ramp that is inclined at an angle of **60.0°** below the horizontal. The initial position of the block is a vertical distance of **2.00 m** above the bottom of the ramp. What is the speed of the block when it reaches the bottom? Ignore friction force.

No friction, only gravity does work,  
 $K + U$  does not change

$$mgy_1 + \frac{1}{2}mv_1^2 = mgy_2 + \frac{1}{2}mv_2^2$$

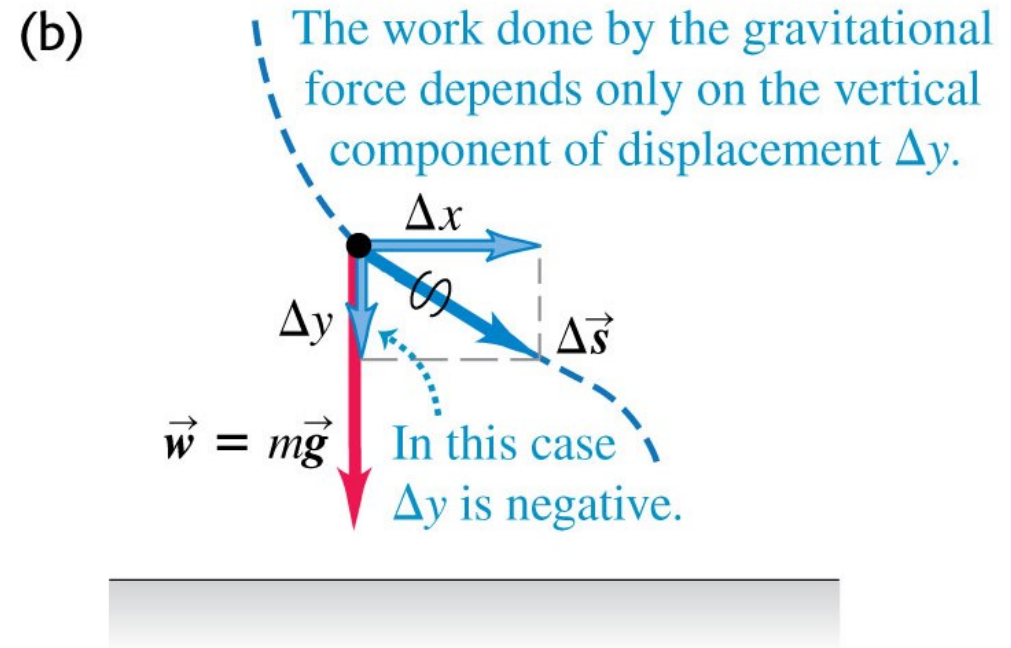
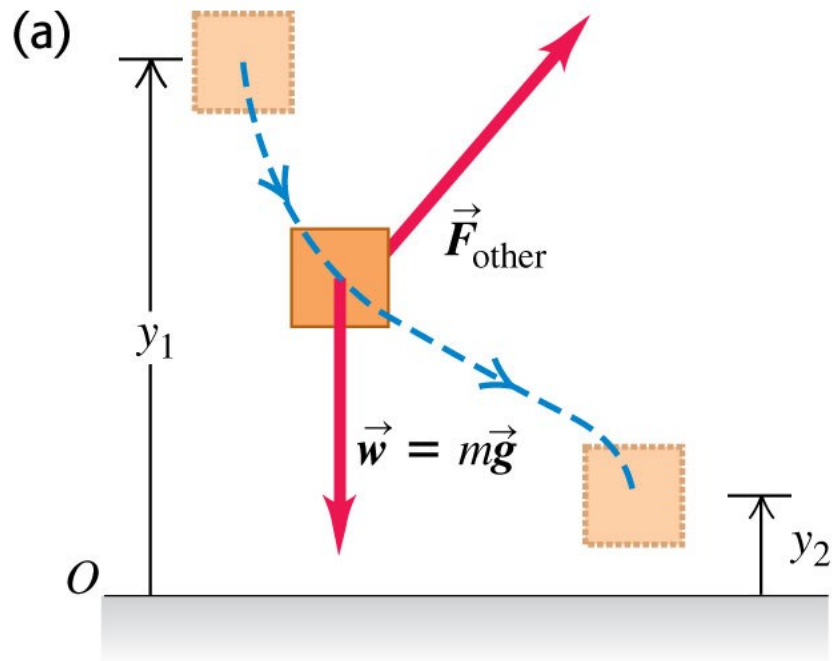
$$(5 \text{ kg})(9.8)(2 \text{ m}) + \frac{1}{2}m(0)^2 = mg(0) + \frac{1}{2}(5 \text{ kg})v_2^2$$



$$v_2 = 6.26 \text{ m/s}$$

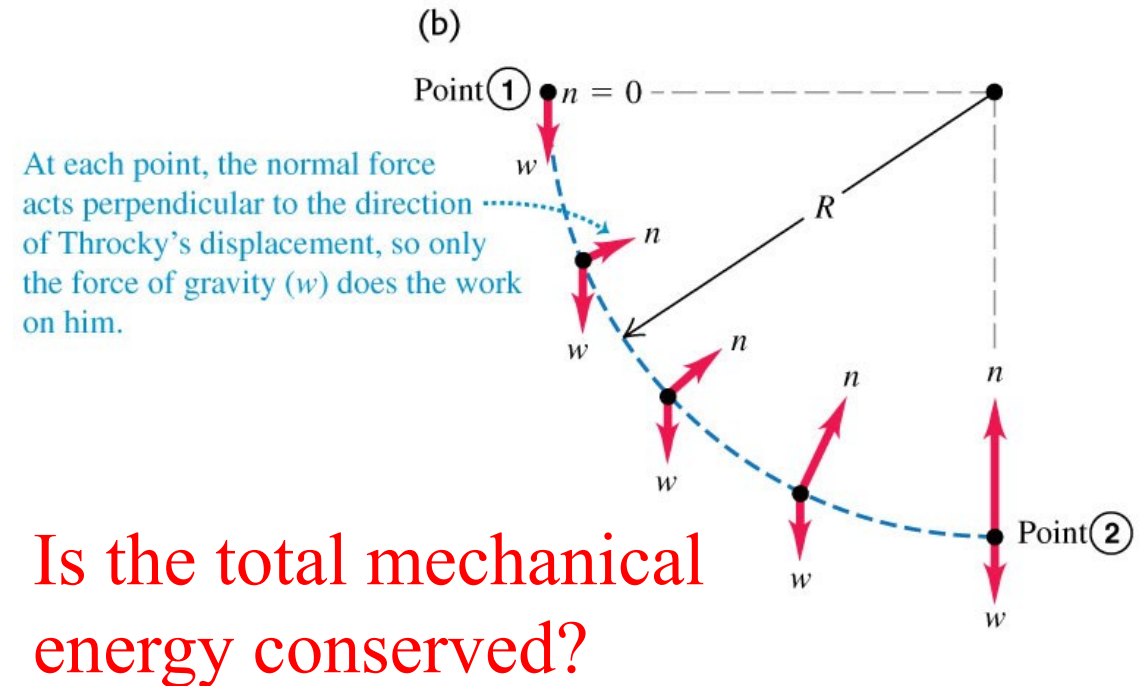
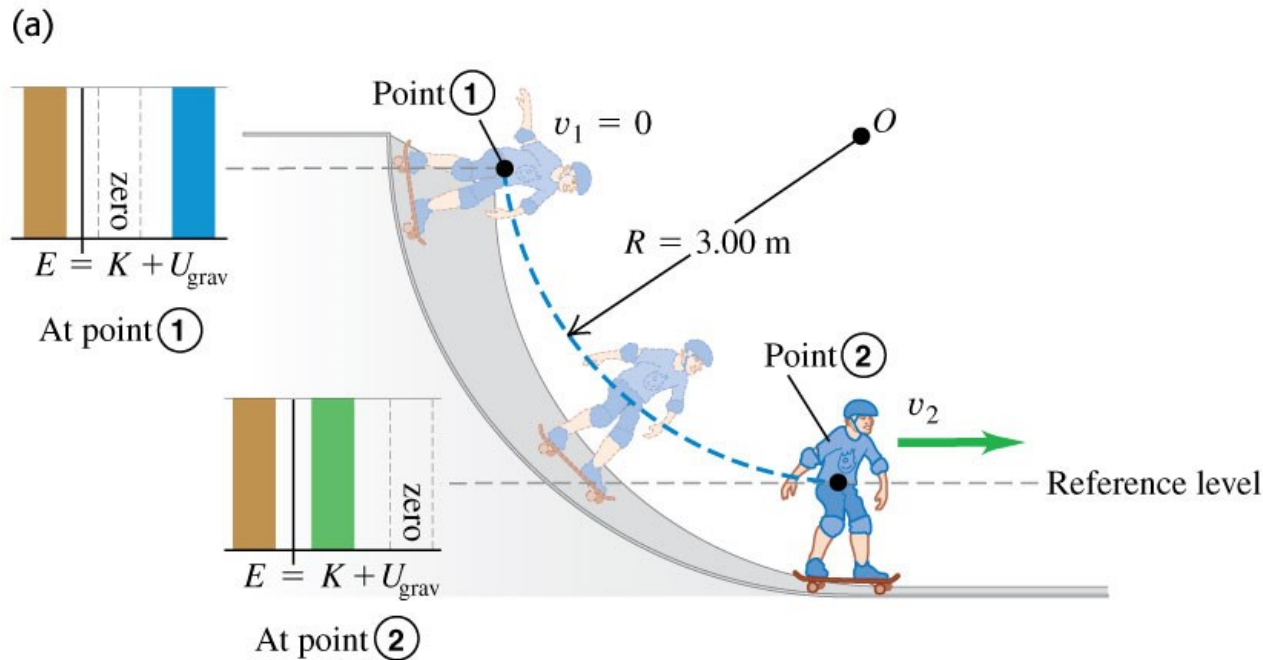
# Work and energy along a curved path

- We can use the same expression for gravitational potential energy whether the body's path is curved or straight.



# Example: Motion in a vertical circle without friction

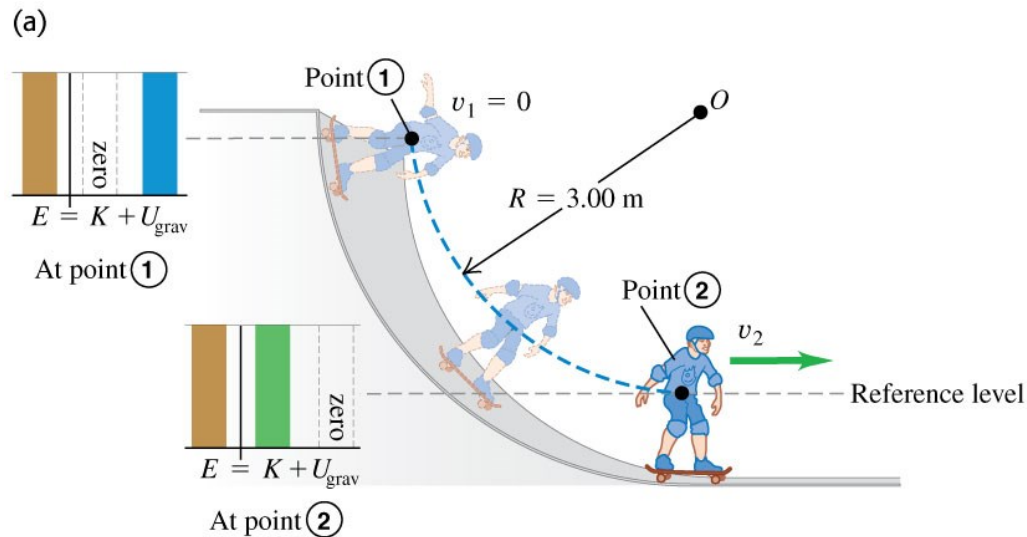
A person+skateboard (total mass **25.0 kg**) from rest down a curved, **no friction**. If we treat them as a particle, they moves through a quarter-circle with radius  **$R = 3.00$  m**. Find the **speed at the bottom** of the ramp.



# Example: Motion in a vertical circle without friction

A person+skateboard (total mass **25.0 kg**) from rest down a curved, **no friction**. If we treat them as a particle, they moves through a quarter-circle with radius  **$R = 3.00$  m**. Find the speed at the bottom of the ramp.

$$E = K + U_{grav} = \text{constant}$$



$$K_1 = 0 \quad U_{grav,1} = mgR$$
$$K_2 = \frac{1}{2}mv_2^2 \quad U_{grav,2} = 0$$

For conservation of mechanical energy,

$$K_1 + U_{grav,1} = K_2 + U_{grav,2}$$

$$v_2 = \sqrt{2gR} = \sqrt{2(9.80 \text{ m/s}^2)(3.00 \text{ m})} = 7.67 \text{ m/s} \quad 0 + mgR = \frac{1}{2}mv_2^2 + 0$$